

# *Counseling Rates and Insurance*

## **Rates**

\$175 Initial Session of 60 minutes

\$175 45-50 minute sessions

\$100 30 minute sessions

## **Insurance**

Services may be covered by your health insurance and we will submit it for you. Please check your coverage by asking the following questions:

- Do I have mental health benefits?
- What is my deductible and how much has been met?
- How many sessions per year does my plan cover?
- What is the amount paid per session?
- Do I need prior authorization?
- If so, how do I do that?
- ***Does my plan have out-of-network benefits?***
- ***If so, how much is covered?***

## **Reduced Fee**

Reduced fee payments are provided on a limited basis.

## **Associate Fees**

Licensed Associate and Intern fees are reduced. Please ask if you are interested.

## **Payment**

Payment is due at the time of service paid in cash, check, debit, Visa, MasterCard and Discover cards.

## **Cancellation Policy**

If you do not show up for your appointment or notify us 24 hours in advance, you will be required to pay in full for the service scheduled. We usually have you pay one payment in advance to cover this. If you do not use it, it will be refunded to you.

## **Request an Appointment Online**

Request an appointment online [here...](#)

## **Contact**

Request information or answers to your questions [here...](#)