

D'Arcy Vanderpool, PhD, MA, MFT

Center for Relationship Happiness

8440 W Lake Mead Blvd, Suite 206

Las Vegas, NV 89128

702-242-4222 Office 702-242-4429 Fax

DArcy@DrHappiness.com

www.DrHappiness.com

www.LivingInExcellence.com

Dear New Counseling Client:

Thank you for choosing me to be your therapist. I am looking forward to working with you to accomplish your most important goals. I will work with you to help you get out of your unsuccessful behavior patterns, clarify your goals, and take action using your strengths and talents to design your life and relationships for success and happiness. We will design individual strategies to assist you in developing your potential, enhancing the use of your strengths and talents, and understanding and changing what may be preventing you from reaching your goals.

Please complete the items in this section (CLICK) and return them to me by email or fax at your earliest convenience. The only form that you need not send to me is the Therapy Preparation Form. This form is for you to fill out before each of our sessions to help you make the best use of our time together. Please bring it to each of our sessions. I will keep the other forms in my records and I recommend you do the same. Soon we will develop the goals to work towards. We will return to the goal sheets from time to time to help you reflect on your progress and make adjustments when and where we think best.

We have agreed to meet weekly at a cost of \$_____ per session. I am additionally available to you via limited email.

I request payment at the beginning of each session. Please fill out the enclosed Credit Card Authorization Form and fax back.

Our sessions are scheduled for _____ from ____ to ____ AM/PM, Pacific Time. Call me at 702-242-4222 to reach me or leave a message. I check my voice mail regularly.

I am looking forward to getting started. In the meantime, do not hesitate to email or call if I can be of any help!

Warmest regards,

D'Arcy

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Licensed Marriage and Family Therapist #256