

## **Form – Treasure Map**

Make a collage of pictures and sayings that indicate what you want your life to be sometime in the future. You might make this for one year or several. You might want to include several areas like health, finances, career, family, etc. Or you might decide to do a treasure map on only one area or one goal.

The key idea is to have pictures that you look at that go right to your subconscious mind. This will help you get the subconscious mind working with the conscious mind to create what you want. Put it someplace where you will see it everyday.

Be very careful to put the exact messages of what you want, the exact pictures that represent your goals. If you want a red car, do not put a picture of a blue car or paste over a blur car. Just the red car, if that is what you want. If you want to have a certain amount of money, be sure to represent it in the full amount. Be sure your desires fit with your values. And represent your spiritual self in the Treasure Map so you are recognizing your desire to have and be what is in your best interest and the best interest of all others.